



## *Guide To Essential Oil Diffusers*

For those of you that have visited the site, [Everything-Lavender](http://Everything-Lavender.com), you have learned that Lavender Essential Oil is valuable for Aromatherapy use. Choosing a Aromatherapy Diffuser that will diffuse your essential oil and be simple to operate as well as last for years of reliable use is money well spent.

I have created this guide to help you choose a quality Diffuser and to inform you on key points to keep in mind when you are shopping for your Essential Oil Diffuser.

This book is divided into two sections. The first part will discuss common features of most essential oil diffusers and just what you want in a diffuser.

The second part of this guide is an overview of various popular Aromatherapy diffusers in comparison.

**Warning:** Whenever you diffuse any essential oils always know the properties of the essential oil you are diffusing, its purported health benefits, and any possible side effects. Lavender Essential Oil is usually well tolerated by almost all individuals.

This guide is in PDF format and you will find it very easy to distribute. You may “save as” to your computer, upload to a website or attach and email it to a friend.)

# Let's Begin!

# *Diffuser Shopping – What to Consider?*

Diffuser Shopping can seem a little confusing especially if you are shopping for the first time and are unsure of what model to buy. [Just look at these choices.](#) Essential Oil Diffusers can vary greatly among the different models in the marketplace today and with that so does the price. Expect to pay about \$100.00 for a quality diffuser that will give you many years of service depending on the added features.

Below you will find some **tips on what important features to look for** and keep in mind when shopping for a Essential Oil Diffuser.

These first three features are the ones I find to be of most importance of all.

## **Programs & Timer Options**

When operating an Essential Oil Diffuser you will not be running it non-stop as this is not necessary. A good Diffuser releases the oils into the air where they stay suspended for a long time. A Diffuser that is programmable or comes with different preset selectable run time/rest time cycles which conserves your essential oils while still providing all the benefits of Aromatherapy.

## **Variable Output of Air Flow**

When in operation a diffuser uses a strong current of air to disperse the essential oil into a micro fine mist into your environment. Controlling the output pressure allows you to control the rate of dispersion and how much oil is dispersed or in other words just how strong the smell is. It is nice to have control of this feature just like its nice to be able to turn down or turn up the volume on a radio.

## **Auto Shut-Off**

Will the unit automatically shut off after the completion of the programmed run cycle or when the oil is gone? Will you have to remember to manually turn it off. This could be a real pain for those diffusing Lavender Essential Oil for insomnia. Auto Shut Off is a must have as well as a safety feature!

## **Square Foot Of Diffusion**

**The ability of the Diffuser is important if you have a large room/ office/ business. Would you like the unit to be able to handle your whole house?**

## **Quick Change of Essential Oils**

**If you wish to change to another essential oil do you have to take time to wash the oil reservoir? On some units you only need to remove a quick change nebulizer attachment allowing you to change oils in under a minute with no cleaning in between!**

**This is one of the key features of the [Aroma Ace](#) manufactured by one of the World Leaders in Aromatherapy Diffusers.**

## **Essential Oil Capacity**

**How much essential oil the unit will hold means how often you will need to fill the oil reservoir and also how long the unit will run. It is not necessary to hold a vast amount of essential oil because they are so concentrated but a capacity of a few milliliters is desirable.**

## **Ease of Cleaning**

**All units will need to be periodically cleaned to keep them in top operating condition. Some essential oils are thick and will over repeated use clog the unit.**

**This usually can be managed by adding some isopropyl alcohol to the oil reservoir letting it soak then running the unit for a few minutes. Make sure to empty any leftover alcohol and wash the oil reservoir and any glass pieces that may be washed prior to next use.**

**If you are able to ask to see the instruction manual prior to purchasing the unit to see just what cleaning entails. Always follow the manufacturers instructions to keep your unit running smoothly for years.**

**Note:** I prefer units that do not have any glass pieces because there is nothing to break. This means you may pack it and take it with you while vacationing. The one unit I highly recommend is the [Aroma Ace](#). It is a snap to clean because you simply detach the plastic nebulizer spout and replace with a new one (it comes with two to allow for quick changes of essential oil.)

The nebulizer spout attaches by screwing directly on to your essential oil bottle. How easy is that? Take the nebulizer you removed and soak in some soapy water in the sink. Rinse and you are ready to go.

## **Other Features**

You will find that there are Aromatherapy Diffusers that even have more features such as LED light displays, the ability for you to plug into your MP3's and other such extras.

These are all totally optional and only add to the Aromatherapy experience and to the price of the unit. In regard to the light feature make sure you have the option of disabling them/ turning them off as you may not want them on under certain situations.

*On the next page  
we will look at popular Diffuser Models.*

# *Diffuser Shopping –Model Comparison*

We just finished looking at some of the important key features of Aromatherapy Diffusers in the marketplace today. Lets look at some of the best models available for the best price.

If you have shopped around at all you will see that some Aromatherapy Diffusers are just downright ugly although they may do their job just fine. Below we will look at attractive, well priced, **quality** Diffusers featuring the latest technology available.

Most true Aromatherapy Diffusers diffuse essential oils through cold diffusion which does not alter the essential oil in any way preserving its scent and beneficial health qualities. You will want to stay away from Diffusers that use heat because they destroy and cook the essential oils although you do get a mild fragrance released.

Cold diffusion uses a jet of air to disperse the essential oil into the air in a micro fine mist usually measured in size by microns. These particles are small enough that they get inhaled and pass into your body via the lungs taking their health benefits with them. This is **real Aromatherapy** not the kind you buy on your grocers shelf.

## **Aroma Pro**

The first Aromatherapy Diffuser we will look at is the [Aroma Pro](#) which has been around the marketplace for years. You may have seen this Diffuser offered under different names because the manufacturer partners with different companies to offer it under their brand label. The diffuser nebulizes the essential oil and has a glass nebulizer spout. The base of the unit comes in different color choices to match your preference or home décor.

This unit has a well where you can add one or more oils while the unit is running. The unit is of a two piece design so you may set the air pump out of sight so only the pretty base with the glass nebulizer piece is displayed. You may choose from 2 different nebulizer pieces the oil drop shape or the daffodil because of its fluted shape. **You will need to purchase a separate timer for the unit.**

The included air pump has variable output and cleaning is simply a matter of washing the oil reservoir and glass piece in warm soapy water. [See the Aroma Pro.](#)

## Aroma Globe

The [Aroma Globe](#) is a one piece design where the pump is hidden in the base of the diffuser unit. The glass globe is where you place the essential oils and has a large capacity of 15 ml. The unit is quiet, features variable output, and features a colored light display when in operation. There is even a built in timer and auto shut-off.

The cons of this unit are that it does not handle the thicker essential oils easily which most people don't use often anyway. The nebulizer can clog requiring you to stop and clean. This diffuser is great! I would definitely take advantage of getting the extra glass globe as glass does break and having it on hand means not having to wait for a replacement piece. [View the Aroma Globe diffuser here.](#)

## Aroma Flowers

The [Aroma Flowers](#) Diffuser is unlike any other diffuser in the marketplace today. This essential oil diffuser combines art plus functionality to make a truly beautiful piece that can be shown off and probably start more than a few conversations.

Similar to the Aroma Pro this diffuser has it's nebulizer surrounded by hand blown art glass flowers. You get to choose which glass flowers you want. You may purchase additional flowers to customize the arrangement. Even change your flowers with the seasons.

The Diffuser has a 2 ml capacity oil reservoir and includes a pump that you may place out of sight. You will need to purchase a separate timer for the unit. [Take a look at Aroma Flowers.](#)

## Aroma Ace

The [Aroma Ace](#) is the newest Essential Oil Diffuser available today. It is a technological breakthrough combining everything compactly in one powerful unit. The ultra quiet pump is powerful. You can change oils in under a minute by removing one nebulizer spout attachment and replacing it with another.

This unit features all the important key features we looked at earlier in the very

beginning of this guide. All controls are variable to your liking and as simple as turning a dial.

This unit has no lights or other bells and whistles. It doesn't need them. You can be set up and running right out of the box in under 3 minutes. Built to last this unit will provide many years of reliable service. View the [Aroma Ace](#)

You have just finished learning about what you really want in an Aromatherapy Diffuser and what to look for when purchasing a unit for your use for the first time.

Hopefully this guide has been useful in providing the need information. If you haven't already go ahead and right click selecting "SAVE AS" to your computer and attach it as an email to send to a friend/share with family.

You may also send people to:

<http://everything-lavender.com/support/essential-oil-diffuser-guide.pdf>

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